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UNUSUAL CLINICAL VARIANT OF CUTANEOUS LEISHMANIASIS: ERYSIPELOID LEISHMANIASIS

ABSTRACT

Although cutaneous leishmaniasis was an important health problem in the Southeast Anatoli-A region of Turkey before the 1950s, it was effectively controlled by successful health policies thereafter. Classical clinical presantation of cutaneous leishmainasis is the painless erytemaotus papules or nodules developed in the areas of infected sandfly bite which are ulcerated and healed gradually with a scar formation. cutaneous leishmaniasis can be presented in its atypical forms as well, such as zosteriform, sporotrichoid, psoriasiform, chancriform, paronychial cutaneous leishmaniasis. In this case report, we present a 67 years old women with erysipeloid cutaneous leishmaniasis, a rare atypical form of cutaneous leishmaniasis, who was succesfully treated. Cutaneous leishmaniasis is an increasing health problem in Middle Eastarn countries and countries receiving refugees nowadays. Regional and international health organizations should be aware of this problem and support the fight against this disease accordingly.

Key Words: Aged; Cutaneous leishmaniasis; Erysipeloid leishmaniasis.



KUTANÖZ LEİSHMANİASİSİN NADİR VARYANTI: ERİZİPELOİD LEİSHMANİASİS

Öz

Türkiye'nin Güneydoğu Anadolu bölgesinde 1950 yılları öncesinde endemik olarak görülen kutanöz leishmanisis başarılı sağlık politikaları sayesinde bu tarihten sonra etkin olarak kontrol altına alınabilmiştir. Kutanöz leishmaniasis klasik olarak tatarcık sineğinin soktuğu alanda gelişen ağrısız papül ve nodüler lezyonların ülsere olup daha sonrasında skar dokusu bırakarak iyileşmesi ile karakterizedir. Kutanöz leishmaniasis zosteriform, sporotrikoid, psöriaziform, şankriform, paronişyal gibi atipik klinik tablolarla da karşımıza çıkabilmektedir. Bu olgu sunumunda atipik kutanöz leishmanisisin nadir görülen alt tiplerinden olan erizipeloid leishmaniasis tanısı alarak başarılı şekilde tedavisi tamamlanan 67 yaşında kadın hasta sunulmaktadır. Kutanöz leishmanisis orta doğu ülkeleri ve göç alan komşu ülkelerde önemli bir sağlık problemi olarak son yıllarda karşımıza çıkmaktadır. Bölgesel ve uluslararası sağlık örgütlerinin, artan bu sağlık probleminden haberdar olup hastalıkla mücadelede desteklerini artırmaları gerekmektedir.

Anahtar Sözcükler: Yaşlı; Kutanöz leishmaniasis; Erizipeloid leishmaniasis.



Introduction

Cutaneous leishmaniasis (CL) is a protozoal infection caused by intracellularly located Leishmaniaspecies that are transmitted through Phlebotomus genus vectors (1). Although CL was an important health problem in the Southeast Anatolia region of Turkey before the 1950s, it was effectively controlled by successful health policies thereafter (1). However, due to the recent increase in the Middle Eastern refugee population in Turkey, CL cases have remarkably increased and a great variability of atypical forms of the disease have also begun to frequently appear, which may cause some difficulties in diagnosis and treatment. Here we describe the case of a 67-year-old woman with erysipeloidCL, a rare atypical form of CL, who was successfully treated.

CASE REPORT

A⁶⁷-year-old female was admitted to our clinic with enlarging areas of redness on her face. The patient's history revealed the development of a painless papule 0.5–1 cm in diameter on the nose 2 years previously, which began to extend to her cheeks and forehead. On clinical examination, erysipelas-like erythematous, edematous plaques with superficial ulcerations and crusts were observed on the midline of the face, including the dorsum of the nose, cheeks, lower forehead, and the philtrum (Figure 1). She was otherwise healthy. Laboratory examinations, including the complete blood count, blood and urine biochemistry, and chest radiographyshowed nor-



Figure 1— Before treatment.



Figure 2— After treatment.

mal results. Microscopical examination of Giemsa-stained smears prepared from the lesion revealed intracellular and extracellular amastigote forms of the Leishmania protozoa, confirming the diagnosis of cutaneous leishmaniasis (CL). Since it was a clinically atypical erysipeloid CL and the lesion was located on the face, meglumineantimoniate15 mg/kg/day was administered intramuscularly, and the treatment was continued for 15 days without any side effects. At the end of the treatment, she recovered completely (Figure 2).

Discussion

The classical clinical presentation of CL is characterized by the development of painless erythematous papules or nodules in the areas of infected sandfly bites that have ulcerated and healed gradually with the formation of a scar. However, CL can also presentin its atypical forms, such as zosteriform, sporotrichoid, psoriasiform, chancriform, paronychial, and erysipeloid CL (2-4). Erysipeloid CL is a rare type of CL that was first reported in Iran in 1994 (5). The frequency of erysipeliod CL and other atypical forms of CL are not exactly known due to a lack of reports related to this subject. However, the studies that have analyzed the frequencies of atypical CL and erysipeloid CL are shown in Table 1.

The causes for the formation of atypical erysipeloid CL instead of classical CL are not known, although the patient's immune status may be responsible. Erysipeloid and other atypical forms of CL may appear in patients with defective im-



Table 1— Frequencies of Atypical CL and Erysipeloid CL

Studies	Total Number of the Patiens	Frequency and (Number) of Atypical CL	Frequency and (Number) of Erysipeloid CL
Gurel et al. (6)	2120	1.9%	
Bari et al. (3)	718	5.7% (41)	
Momeni et al. (5)	1250		1.36% (17)
Bongiorno et al. (4)	50	40.0% (20)	34.0% (17)
Raja et al. (7)	1709	2.1% (37)	0.05% (1)

mune systems, such as a previous patient of ours who has diabetes mellitus (8). Secondly, erysipeloid CL has been reported to commonly appear in middle aged and elderly females like our patient (5). This may indicate a possible role of some hormonal factors in the development of this subgroup (9). Thirdly, as was seen in our patient, mid-face involvement seems to be common in erysipeloid CL (9,10). Increased fragility of the skin in this area may facilitate the spread of the parasite in this location (5). Finally, erysipeloid CL may be associated with a new leishmania species (3).

Based on this case, we want to indicate two important points: first, the diagnosis of atypical CLs including erysipeloid CL can be difficult and this may cause a delay in treatment. To prevent late diagnosis, we recommend giving special attention to patients with atypical lesions, traveling from endemic regions. Additionally, in patients with chronic lesions, lesions ≥5 cm, lesions on the face, fingersor toes, or in cases of immunosuppression, we emphasize the necessity of systemic treatment.

Cutaneous leishmaniasis is an increasing health problem in Middle Eastern countries and countries currently receiving refugees. Regional and international health organizations should be aware of this problem and support the fight against this disease accordingly.

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