From The Editor In Chief

The topics addressed in articles published in the Turkish Journal of Geriatrics since its inception in 1998 provide valuable insights into thematic orientations and evolving trends within the field of geriatrics.

The titles of early publications indicate a predominant focus on foundational themes such as the socio-demographic characteristics of older adults, assessments of functional status, living conditions within institutional care settings, and general epidemiological patterns. These early studies are largely descriptive in nature, emphasizing activities of daily living, the prevalence of chronic diseases, and broad evaluations of the health and social needs of the elderly. Collectively, these themes reflect the journal's initial role in documenting the characteristics of the aging population and the challenges it faces.

In contrast, articles published in subsequent years demonstrate a more clinically sophisticated and thematically diversified profile. Recent issues feature prominent attention to topics such as frailty, sarcopenia, multimorbidity, perioperative and emergency care outcomes, dysphagia, and predictors of mortality and hospitalization. Polypharmacy and inappropriate medication use have become recurrent subjects, underscoring a growing concern for pharmacological safety. Psychosocial determinants—including loneliness, sleep quality, treatment adherence, and social exclusion—have gained increased visibility, indicating heightened awareness of the multidimensional factors shaping healthy aging. Furthermore, research on functional performance, nutritional status, body composition, and rehabilitation has expanded notably in recent years.

Overall, the journal exhibits a clear transition from early descriptive studies to more specialized, outcome-oriented, and multidisciplinary research. This evolution highlights the journal's increasingly significant scientific contribution, aligning closely with global priorities and contemporary directions in geriatric medicine.

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